



## Racing Team Application 2013

Thank you for your interest in Team Runners Fit. We are excited about offering this opportunity to the local running community for 2013. Please read below to see if joining Team Runners Fit is right for you. Once all the applications are turned in, we will be making our selections for the 2nd annual team and will contact you by March 1st if you have been selected.

Thanks and good running!

### Deadlines

Applications must be turned in by Feb. 22nd to be considered for the 2013 team. All applications can be picked up from Runners Fit or downloaded off the website from Nov. 1st to Feb. 22nd. Completed applications can be turned in at Runners Fit or mailed to Runners Fit.

### Performance Guidelines

Please keep in mind these are simply guidelines (not qualifying times) to be on the team.

- Regularly finish in the top 3 in your age group at local races
- **Men:** 5K - 20:00 10K - 42:00 Marathon - 3:35
- **Women:** 5K - 23:00 10K - 48:00 Marathon - 3:50

### Requirements

- Exclusively wear Team Runners Fit apparel during races
- Typically race 6+ times a calendar year
- Regularly communicate with the Team Captain with results/schedule
- **This will be important for 2013 as we will be posting regular updates throughout the year**
- Conduct yourself in an appropriate manner while in Team Runners Fit apparel
- Volunteer at 2+ races a calendar year

### Benefits

- Team Runners Fit uniform
- Free entry/discounts into select local races
- Promotional items throughout the year
- 30% off retail at Runners Fit



## 2013 Calendar (races you plan on running)

Distance	Race/Event Name	Date	Age	Time	Place

### Brief Biography

### Short Term Running Goals

### Long Term Running Goals

### Runners Fit Community Awareness

What would you do to promote Runners Fit and Team Runners Fit?

What would you do to promote running/fitness in our local community?

### Sizing Information

Singlet  Short Sleeved Shirt  Long Sleeved Shirt  Jacket   
Shorts  Pants  Shoes