



Saturday, October 21, 2017

Come out and enjoy the foliage and lake views while running the So You Think You Can Run HWDC Kids Fun Run & 5K! The course is flat and fast, all on paved roads, and is USATF Certified! **Largest team will receive \$250 for their organization!**

Time: Kids Fun Run — 9:00 AM
5K Run — 9:30 AM

Location:
Aqualand Marina
6800 Lights Ferry Road
Flowery Branch, GA 30542

Entry Fees:
5K Pre-registered (before 10/13) - \$25
5K Late registration (after 10/14) - \$30
Kids Fun Run - \$10

Awards:
Top Overall Male and Female
Top Male and Female Masters (40 and over)
Top 3 Male/Female in the following age groups:
14 & under, 15 - 19, 20 - 29, 30 - 39,
40 - 49, 50 - 59, 60 - 69, 70 & over.

T-Shirt:
T-Shirts only guaranteed to pre-registered runners

Beneficiary:

All proceeds benefit the Heather Wayne Dance Company, a non-profit organization, whose mission is to provide dance instruction and performance opportunities for students while presenting the art of dance to the community.

Registration:

By Mail - Send entry forms by 10/7 and make checks payable to:

HWDC
Attn: 5K
5370 Thompson Mill Rd.
Hoschton, GA 30548

Online - Available at runsignup.com/dance5k

Race Day Packet Pickup:

Begins at 7:30 am at Dock Store

Information:

Contact Runners Fit Race Works at 770-561-1050 or E-Mail events@RunnersFit.com for additional information.

Last Name: _____ First Name: _____

Address: _____ Age: _____ Date of Birth: _____

City: _____ State: _____ Zip: _____ Team Name: _____

Email: _____ Gender (Circle One): **M** **F**

Referred by: _____ (company dancer's name)

Shirt Size (Circle One): **YM** **YL** **S** **M** **L** **XL** **XXL** Race: **5K** **Fun Run**

Official Use Only:

In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators and assigns or anyone entitled to act on my behalf, release and discharge the Heather Wayne Dance Company, Inc., Aqualand Marina, SHM Aqualand, LLC, Safe Harbor Marinas, LLC, International Marina Group I, LP, the City of Flowery Branch, Runners Fit Race Works and all sponsors, their representatives and successors and any other person assisting, on a voluntary basis or otherwise in putting on the event for any liability to me or them, including any injury or illness which might result from my participation. I further state, that I am in proper physical condition to compete in the So You Think You Can Run Kids Fun Run & 5K. I give my permission for the free use of my name(s) and/or photo in any medium of this event.

Signature (or parent if under 18): _____ Date: _____