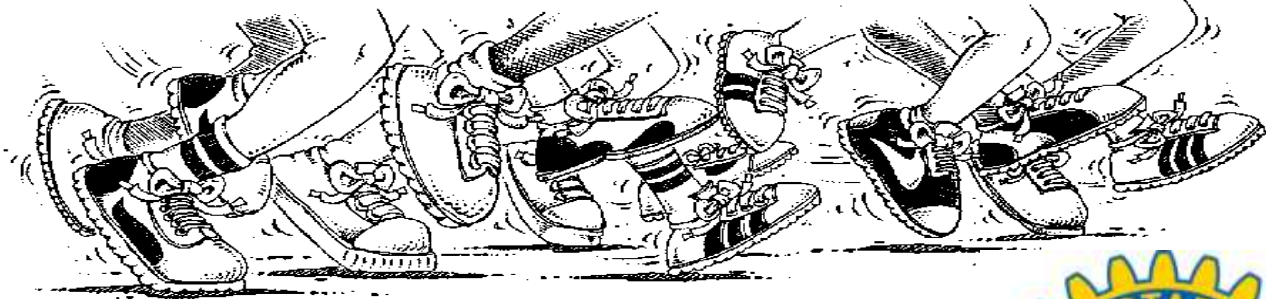


Pound out Polio

5K Race & Fun Run



Historic Downtown Buford

August 28, 2010

8:00 a.m.



Registration:

Online at www.active.com

Mail in registration form below by August 16

Race Day Registration begins at 6:30 a.m.

Entry Fees:

Pre-registered: \$20.00

Race Day: \$25.00

Family: \$60.00 (pre-registration)

T-Shirts: Official 2010 Pound out Polio T-shirts guaranteed to all pre-registered contestants

For more information contact Duane Champlin, 404-583-1595 or dchamplin@jacksonemc.com

Make checks payable to **Rotary Club of BNG** and mail to Duane Champlin, P.O. Box 490250, Lawrenceville, GA 30049-0250

One entry per person. Do not mail after August 16, 2010

Last Name _____ First _____

Address: _____ City _____ State _____ Zip _____

Phone: _____ E-Mail _____ Age _____ Sex _____

100% Cotton Adult T-shirt Size: S _____ M _____ L _____ XL _____ Youth L _____ 2X (add \$3.00) _____

In consideration of acceptance of this entry I waive any and all claims for myself and my heirs against officials and sponsors of the 2010 Pound Out Polio 5K for illness or injuries which may result, directly or indirectly from my participation. I further state that I am in proper physical condition to participate in this event.

Signature _____ Date _____

Under 18 Parents Signature _____

